




AUGUST 25, 2025




SENIOR DEVELOPMENT EQUIPMENT LIST






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ITEM	IMAGE	NOTES
Goggles x 2		No snorkel masks
Bathing Suit		No board shorts
Junior Kickboard		The kick board should be not longer than the length of your fingertip to elbow.



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ITEM	IMAGE	NOTES
Fins		<p>Approved Brands:</p> <ul style="list-style-type: none"> -Arena Powerfin Pro -Speedo Switchblade -TYR Stryker
Jr Pull Bouy		The Jr.Pull Buoy is the smaller of the pull buoy options and will better fit development swimmers.
Water Bottle		

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ITEM	IMAGE	NOTES
Mesh Bag		Custom GHAC mesh bags with names are available for order.
GHAC Clothing		Recommended for all swimmers. Available for order at various times throughout the season.
Swim Cap		Optional GHAC Caps available for order in Black, White, or Maroon

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Paddles		<p>Optional</p> <p>APPROVED BRANDS:</p> <ul style="list-style-type: none"> - Strokemaker - Speedo Power Paddle - Finis Manta Paddle <p>The edge of the paddle should follow the contour of the hand as closely as possible.</p>
Snorkle		<p>Optional</p> <p>APPROVED BRANDS:</p> <ul style="list-style-type: none"> - Arena Swim Snorkel Pro - MP Swim Snorkel - Finis Glide Snorkel - Speedo Bullet Head